

Use the power of running to make
a difference in the life of a girl!

New Balance Girls On The Run 5K

Friday, April 29, 6:00pm

Siesta Key Beach



Join us for this fun family
event!

\$20* includes 5K entry,
food, t-shirt, goody bag &
raffle entry!

*\$25 after April 22

Timing by MTC volunteers

Graduation/awards ceremony
immediately following 5K

Girls on the Run® is an experiential afterschool program that encourages young girls to develop self-respect and healthy lifestyles. The 24 lesson curriculum combines training for a 5K run/walk event with lessons that promote physical, emotional, and social development.

For more information and registration form visit www.girlsincsrq.org
or call Dawn at (941) 366-6646 ext. 202 or register online at
www.active.com/page/event_details.htm?event_id=1917461

All proceeds support
Girls On The Run®
of Sarasota County.





Presented By **girls inc.**

Friday, April 29, 6:00 pm
Siesta Key Beach
Sarasota, FL

Registration Fee is \$20 per person (includes t-shirt, goody bag, raffle ticket and dinner) / \$25 after April 22

How did you hear about the GOTR 5K?

GOTR MTC Girls Inc New Balance Active.com Media Friend Other _____

PARENT/ADULT 1

First Name _____

Last Name _____

DOB ____/____/____

Age _____

Email _____

Home Phone _____

Cell Phone _____

Address _____

City _____

Zip _____

Waiver and media release accepted

PARENT/ADULT 2

First Name _____

Last Name _____

DOB ____/____/____

Age _____

Email _____

Home Phone _____

Cell Phone _____

Address _____

City _____

Zip _____

Waiver and media release accepted

CHILD 1

First Name _____

Last Name _____

DOB ____/____/____

Age _____

Address _____

City _____

Zip _____

School _____

Grade _____

Waiver and media release accepted

CHILD 2

First Name _____

Last Name _____

DOB ____/____/____

Age _____

Address _____

City _____

Zip _____

School _____

Grade _____

Waiver and media release accepted

****See back of form for waiver and media release****

Total registration fee \$_____ MasterCard Visa American Express Discover

Credit Card # _____ 3 digit code _____ Exp Date _____

Name as it appears on card _____ Signature _____

Fax completed registration form to Girls Inc at (941) 366-4617 or

Mail completed form with check payable to "Girls Inc" to 201 S. Tuttle Ave., Sarasota, FL 34237

For questions call Dawn at (941) 366-6646 ext. 202

WAIVER AND RELEASE: I know that running a road race or participating in an organized walking event, regardless of the distance, includes an element of risk and is potentially hazardous. I should not enter and participate in the New Balance Girls on the Run 5K (hereinafter "this event") on May 7TH, 2010, unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to complete this event safely, and I further agree that event officials may authorize necessary emergency treatment for me. I also understand that both vehicle traffic and spectators may be present along the course, and I assume the risk of participating under such conditions. I further assume any and all other risks associated with participating in this event including, but not limited to, illness, traveling to and from the event, falls, contact with spectators or other participants, the effects of the weather (including temperature extremes and humidity), and the surface condition of the roads and sidewalks, all such risks being understood and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge all subsidiaries, affiliates, assigns, representatives, and successors of the foregoing: Girls Incorporated of Sarasota County, event officials, volunteers, and any and all other sponsors, suppliers, agents, independent contractors, employees, and any other personnel in any way assisting or connected with this event from any and all claim or liability on the part of the persons or parties named in this waiver arising out of my participation in this event.

If I am registering a child under the age of 18 or an incapacitated adult I represent and warrant that I am the parent or legal guardian of that party and have the legal authority to enter into this agreement on their behalf and by proceeding with this event registration, I agree that the terms of this Agreement and Waiver shall apply equally to all Registered Parties. By registering a child under 13, I agree and consent to the collection of that child's information which I provide for the purposes of registration. Entries from minors will only be accepted with a parent or legal guardian's signature.

I authorize Girls Inc., its agents, its sponsors, and others working for it or on its behalf to use my and my child's image/likeness/voice in still photos, slides, video productions, radio coverage, television coverage, interviews, testimonials and/or any other media for the purpose of promoting and representing Girls Incorporated and its programs, and do hereby grant and convey unto Girls Incorporated all rights, title, and interest in the above media including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings.

Entries cannot be accepted without a valid signature. I have read and agree to the above waiver and release.